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Temecula: Low cost, Christian: Light House Counseling (They have interns that get good supervision): 951-676-3455

Murrieta: Excellent Counseling: Beverly Counseling (Bev has a degree in Theology, She also runs anger management groups for the courts. 951-461-0777

Temecula: Excellent Counseling (Christians): The Vine Counseling for children (Elaine Wilkins) and adults. A bit pricey if no insurance, but Dr. Christina Perez takes insurances 951-231-16667

Lake Elsinore: Excellent Counseling & Low Cost: CORC (Sean and Sharon Ferrier) Takes many insurances: Low cost interns available. Many groups for coping skills, adolescents, anger management. 951-318-1351

RELATIONSHIP LIFELINE – for desperate, need now, 4 day intensive away in OC.
<https://relationshiplifeline.org/>